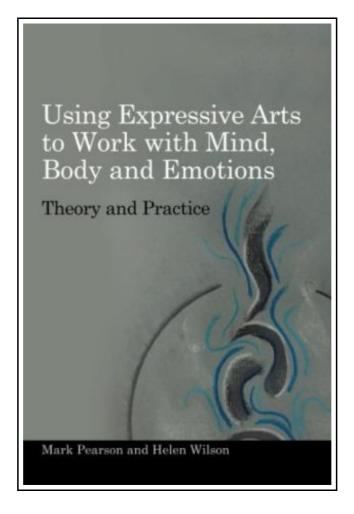
Using Expressive Arts to Work with Mind, Body and Emotions: Theory and Practice



Filesize: 1.81 MB

Reviews

A whole new e book with an all new point of view. It is one of the most incredible book i actually have go through. I am easily could possibly get a enjoyment of reading through a written book. (Nathanael Treutel)

USING EXPRESSIVE ARTS TO WORK WITH MIND, BODY AND EMOTIONS: THEORY AND PRACTICE



Jessica Kingsley Publishers. Paperback. Book Condition: new. BRAND NEW, Using Expressive Arts to Work with Mind, Body and Emotions: Theory and Practice, Mark Pearson, Helen Wilson, Using Expressive Arts to Work with Mind, Body and Emotions combines theory, research and activities to produce practical suggestions for enhancing client participation in the therapy process. It surveys the literature on art therapy; somatic approaches; emotion-activating models; use of music, writing and dreamwork; and the implications of the new findings in neuroscience. The book includes step-by-step instructions for implementing expressive therapies techniques, and contains a wide range of experiential activities that integrate playful yet powerful tools that work in harmony with the client's innate ability for self-healing. The authors discuss transpersonal influences along with the practical implications of both emotion-focused and attachment theories. Using Expressive Arts to Work with Mind, Body and Emotions is an essential guide to integrating creative arts-based activities into counselling and psychotherapy and will be a useful manual for practitioners, academics and student counsellors, psychologists, psychotherapists, social workers and creative arts therapists.

Read Using Expressive Arts to Work with Mind, Body and Emotions: Theory and Practice Online

Download PDF Using Expressive Arts to Work with Mind, Body and Emotions: Theory and Practice

See Also



Sarah's New World: The Mayflower Adventure 1620 (Sisters in Time Series 1)

Barbour Publishing, Inc., 2004. Paperback. Book Condition: New. No Jacket. New paperback book copy of Sarah's New World: The Mayflower Adventure 1620 by Colleen L. Reece. Sisters in Time Series book 1. Christian stories for...

Read ePub »



Six Steps to Inclusive Preschool Curriculum: A UDL-Based Framework for Children's School Success

Brookes Publishing Co. Paperback. Book Condition: new. BRAND NEW, Six Steps to Inclusive Preschool Curriculum: A UDL-Based Framework for Children's School Success, Eva M. Horn, Susan B. Palmer, Gretchen D. Butera, Joan A. Lieber, How...

Read ePub »



Index to the Classified Subject Catalogue of the Buffalo Library; The Whole System Being Adopted from the Classification and Subject Index of Mr. Melvil Dewey, with Some Modifications. (Paperback)

Rarebooksclub.com, United States, 2013. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****. This historic book may have numerous typos and missing text. Purchasers can usually...

Read ePub »



A Dog of Flanders: Unabridged; In Easy-to-Read Type (Dover Children's Thrift Classics)

Dover Publications, 2011. Paperback. Book Condition: New. No Jacket. New paperback book copy of A Dog of Flanders by Ouida (Marie Louise de la Ramee). Unabridged in easy to read type. Dover Children's Thrift Classic....

Read ePub »



You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most

Sourcebooks, Inc. Paperback / softback. Book Condition: new. BRAND NEW, You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most, Patricia Hermes, Thirteen-year-old Sarah Morrow doesn't think much of the...

Read ePub »