


[DOWNLOAD](#)


Carob Cookbook For Those Who Love Chocolate, But Cant Eat It

By Tricia Hamilton

Sunstone Press. Paperback. Book Condition: New. Paperback. 112 pages. Dimensions: 8.3in. x 5.3in. x 0.4in. Here's a cookbook for anyone who loves the taste of chocolate but doesn't want the caffeine, fat or the fear of allergic reaction to chocolate. Enjoy over 90 recipes that use carob instead of chocolate and get a flavor that mimics it almost exactly with the added benefits of fiber, Vitamin B complex, 15 minerals including calcium, and less calories. Whether you want to cut down on chocolate, eliminate it from your diet entirely, or just add carob for its healthy benefits, you can still enjoy special treats with that rich chocolatey flavor. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



READ ONLINE

[3.23 MB]

Reviews

The most effective book i ever read. I really could comprehend almost everything out of this published e ebook. You wont truly feel monotony at at any time of your respective time (that's what catalogs are for regarding should you ask me).

-- **Rusty Kerluke**

An extremely wonderful book with perfect and lucid explanations. This really is for those who statte that there had not been a worth reading. Your way of life span will be convert when you comprehensive reading this book.

-- **Effie Douglas**