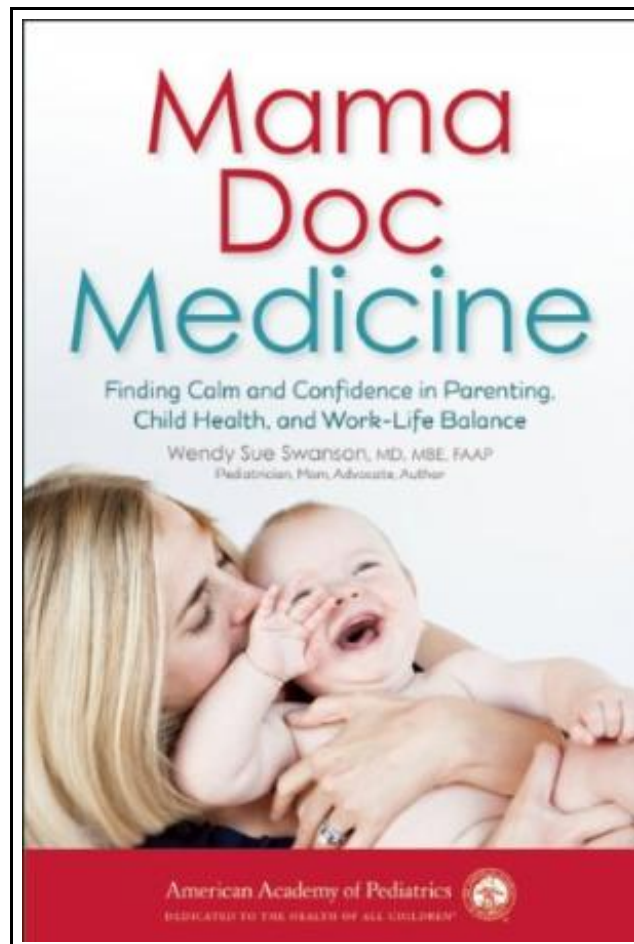


## Mama Doc Medicine: Finding Calm and Confidence in Parenting, Child Health, and Work-Life Balance



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American Academy of Pediatrics. Paperback. Book Condition: new. BRAND NEW, Mama Doc Medicine: Finding Calm and Confidence in Parenting, Child Health, and Work-Life Balance, Wendy Sue Swanson, "Parents want to do what's right," explains Mama Doc blogger and physician Wendy Sue Swanson. Yet many parents find that defining what's right can sometimes be elusive, so Dr. Swanson has created this innovative guide to help. Pediatrician, mother and blogger Dr. Wendy Sue Swanson helps decipher today's conflicting medical opinions, offers helpful online resources, and shares what she's learned over many years from her patients, friends and family in this enlightening guide to parenting. Based on the popular SeattleMamaDoc blog, Mama Doc Medicine is a timely collection of almost 100 entries grouped under the following headings: 1. Prevention for Infants and Toddlers 2. Social-Emotional Support 3. Immunizations 4. Work-Life Balance/Mothering Using Dr. Swanson's experience as a mother and physician, this book provides simple answers to the "how," "what," "why," and "who" questions of parenting.



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