



Blueloon

By Julia Cook

National Center for Youth Issues. Paperback. Book Condition: New. Anita DuFalla (illustrator). Paperback. 32 pages. Dimensions: 8.8in. x 7.8in. x 0.2in. Im a blueloon. Im supposed to be a regular balloon, but Im just not having fun like the others. Im kinda dull, and Im kinda flat. My string is tied up in knots. I have a case of the blues. . . thats why Im a blueloon. Ive felt like this for weeks! Meet Blueloon a sad little balloon who is suffering from depression. With help from the wise rock, Blueloon learns what he can do to bounce back to being the way he used to be bright, round, and full with a very straight string! Although clinical depression is often thought of as an adult disease, it can affect children, as well. Unfortunately, children may not have the maturity to understand what is happening to them, or they may feel powerless to change their situation, so they dont speak up about what they are going through. It is up to adults to be on the lookout for signs of trouble, and recognize when a child needs help. Finally! A book on depression that works for Blueloons of all ages!...



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